

There are numerous ways to get involved in the GMMP 2009/2010. We are always looking for volunteer media monitors in all participating countries. To volunteer, please contact your country coordinator. Follow the links from the list of [country coordinators](#) .

We are always looking for help in spreading the word about the GMMP. Please feel free to contribute to the discussion forum on our website. Even if you are just interested in finding out more about the results, please stay tuned and tell your friends, colleagues and families. We are more than happy to have you on board.